

CLUB VOLLEYBALL FAQ



CLUB VOLLEYBALL QUESTIONS AND ANSWERS

41SIX Volleyball Club would like to introduce families and athletes to club volleyball. This document intends to assist with some answers and questions about club volleyball.

What is Club Volleyball?

Club volleyball offers an opportunity for players and coaches who enjoy volleyball to participate in a quality program catering to various levels of play beyond the traditional school season.

Who overlooks volleyball in the Province of Ontario?

Since 1929, the Ontario Volleyball Association (OVA) has been at the forefront of promoting, educating and ensuring the quality of the sport of volleyball in Ontario. As the official governing body for volleyball in the province, we are involved in every facet of the sport by offering programs at all levels for both indoor, beach and sitting volleyball. Over the years the game and sporting world has evolved and so too have the programs and services we offer, strongly reflecting our belief in "Volleyball for Life."

At what age can my son or daughter start playing club volleyball?

Club volleyball can start as early as 12 (12U) and end at 18 years (18U). Ontario Volleyball created an Extended Age Exemption, which allows athletes born in the later months (Sept, Oct, Nov, Dec) to play an age level down.

Are there tryouts to make a club team

Yes! Club Teams will hold tryouts in September every year. Teams typically offer 12 spots for each club team. Ontario Volleyball Association has created a Tryout Policy for all clubs in Ontario. The Tryout Policy can be found on the OVA website - <https://www.ontariovolleyball.org/club-tryouts>



41SIX VOLLEYBALL

41SIX VOLLEYBALL a division of TORONTO BEACHES VOLLEYBALL CLUB is committed to the holistic development of youth through and in sport, by focusing on the meaningful relationships, activities and settings that enrich the personal assets of each young athlete across the entire individualized athletic development pathway.

How long is Club Volleyball?

Club Volleyball will start once tryouts are completed. Typically late September, with the season starting in late October. The season will end with a Provincial Championships (mid-April) and Canadian Nationals (early May). Club volleyball will take breaks during school breaks such as Christmas and Spring Breaks.

When and where do teams practice

Club Teams will practice twice (2) a week, with each session 2-3 hours a day. Younger groups typically practice from 6pm to 8pm, and senior teams practice from 8pm to 10pm. High-Performance teams can practice an extra night for fitness or specialty training.

41SIX practice locations can vary, but it is committed to keeping facilities close to the East End Beaches area.

When are club volleyball matches played?

Club volleyball will participate in an OVA Season, which consists of 4 tournaments for each age group. Typically teams will add 3-4 more tournaments to their season. These extra tournaments can be exhibition or age-up tournaments within the OVA Season. OVA Tournaments are held over weekends, either 1-day or 2-day events. Travel for tournaments is possible where an overnight stay is required.

High-Performance teams will participate in US Tournaments which typically play over 2-3 day weekends. Travel for US Tournaments depends on the location of the tournaments.

What is the expectation for commitment

41SIX supports multi-sport athletes during their junior years (13&14). The expectation from the athlete is to communicate their commitment with both sports organizations, and 41SIX expects a 50/50 commitment. The expectation of senior Teams (15,16, 17, and 18) is 100% commitment except for family, sickness, and school events (trips and exams).

Does 41SIX support FairPlay?

41SIX is committed to the Junior year's OVA and Volleyball Canada FairPlay Policy. Senior Team FairPlay is at the discretion of the team coach and will be addressed during tryouts.

What does it cost to play club volleyball at 41SIX

Below is an estimate of the cost to play club volleyball for 41SIX. These estimates are per athlete.

"41SIX volleyball club is committed to supporting our players by providing financial assistance for equipment, travel expenses, and tournament fees."

2023 ESTIMATED REGISTRATION FEES

OVA Registration Fee	\$99.00	Provides athlete full membership and insurance for the season
41SIX Club Registration Fee (2023) Future Registration Fees can increase or stay the same.	\$2,600 (JR) \$2,900 (SR)	Registration includes: <ul style="list-style-type: none">• Practice Time, balls, equipment & facility rental cost• Coaches Honourarium• OVA Tournaments (6)• Ontario Provincial Championships• 2 Team Uniforms, 2 Practice Playing Jerseys, 4 Practice T-Shirts, Players Bag, 1 Technical Training Jersey, Hoodie, Trackpants and extras.

2023 ESTIMATED EXTRAS (COACHES WILL COMMUNICATE COMMITMENT EARLY IN THE SEASON)

Exhibition Tournaments	\$100.00	These are non OVA local exhibition tournaments
US Volleyball Tournament Fees (ea)	\$200.00	These are US Tournaments. Fees include association members fee and tournament entry fee.
Canadian National Championships Entry Fee	\$200.00	National Championships are played all over Canada and we must take in consideration the cost to travel.
Estimated Travel Cost - Provincials	\$750	These are estimated cost for hotel if Provincial Championships is 200KM outside of Toronto.
Estimated Travel Cost - Nationals	\$2000	These are estimated cost to travel for Nationals outside Ontario. Hotel and Airflights.
Estimated Travel Cost - US Tournaments	\$2000	These are estimated cost to travel for US Tournaments if air is required. Hotel and Airflights.
Team Slush Fund	\$500	Slush Funds are managed by team treasurers or managers. Slush funds cover the cost of team meals, non volleyball events etc.

2023 Scenario's

13U Girls - Mary playing for a new team	\$4,100.00	✓ OVA Registration & Club Registration ✓ 4 OVA Tournaments ✓ 2 OVA Age Up ✓ Provincial Championships ✓ Slush Fund
16U Boys - Cole playing for a HP Team	\$8,650.00	✓ OVA Registration & Club Registration ✓ 4 OVA Tournaments ✓ 4 OVA Age Up ✓ Provincial Championships ✓ National Championships ✓ 1 US Tournament ✓ Slush Fund



BOYS VOLLEYBALL

41SIX is committed to supporting and promoting boys volleyball as a valuable athletic opportunity for young men. We recognize the physical, mental, and social benefits that come from participating in sports, and we believe that volleyball provides a unique and challenging experience for boys of all ages.

Our commitment to boys volleyball extends to providing access to high-quality coaching, training facilities, and equipment. We aim to create a positive and inclusive environment that fosters growth, skill development, and teamwork. We believe that by encouraging and supporting boys in their pursuit of volleyball, we can help them build confidence, discipline, and a strong work ethic that will serve them both on and off the court.

Furthermore, we are dedicated to promoting gender equity in sports and breaking down traditional gender stereotypes. We believe that boys should have the same opportunities to participate in sports as girls, and that boys volleyball is a valuable addition to any athletic program. By supporting boys volleyball, we hope to create a more inclusive and diverse sports culture that benefits all young athletes.

MALE COACHES

Male coaches play a crucial role in the growth of young boys playing volleyball. They can provide a positive male role model for young athletes, helping them develop self-confidence and a sense of identity as they navigate the challenges of adolescence. Male coaches can also provide a unique perspective on the game, drawing from their own experiences as male athletes to offer insights and advice to their players.

In addition, male coaches can help break down gender stereotypes and promote gender equity in sports. By coaching boys volleyball, male coaches can demonstrate that volleyball is not just a "girls' sport" and that boys can excel in this sport as well. This can help challenge traditional gender norms and promote a more inclusive and diverse sports culture.

Male coaches can also bring a wealth of experience and expertise to the coaching role. Many male coaches have played volleyball at a high level and can offer valuable insights into strategy, technique, and training methods. By sharing their knowledge and experience with young athletes, male coaches can help them reach their full potential and achieve success both on and off the court.

Overall, male coaches are an essential part of the boys volleyball community, providing guidance, support, and leadership to young athletes as they pursue their passion for the sport.



GIRLS VOLLEYBALL

Girls' volleyball is important for many reasons, including its ability to promote physical fitness, teamwork, and sportsmanship, as well as its potential to empower young women and provide them with a platform to showcase their skills and abilities.

Volleyball helps girls develop crucial skills such as communication, coordination, and strategic thinking, which can benefit them both on and off the court. Additionally, playing volleyball can foster a sense of camaraderie and belonging, providing girls with a supportive community and opportunities for personal growth and achievement.

Overall, girls' volleyball plays a valuable role in promoting healthy development and empowering young women.

FEMALE COACHES

Having female coaches as mentors in girls' volleyball is crucial for several reasons. First, female coaches can serve as positive role models for young girls and help to inspire them to pursue their passions and achieve their goals. Female coaches can also provide unique perspectives and insights into the challenges and opportunities that young women may face in sports and in life, and offer guidance and support that is tailored to their experiences and needs.

Moreover, female coaches can create a safe and inclusive environment for girls to develop their skills and confidence, free from gender-based discrimination or bias. This can be particularly important in sports like volleyball, where girls may face social and cultural pressures to conform to traditional gender roles or expectations.

Finally, female coaches can help to address the gender imbalance in coaching and leadership positions in sports, and serve as advocates for greater equity and representation for women and girls in athletics. By mentoring and empowering young female athletes, female coaches can help to create a more diverse and inclusive sporting community, where all individuals have the opportunity to thrive and succeed.

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